

2012 Morning Water Safety Schedule

St. Lucie County / American Red Cross

RAVENSWOOD POOL

400 Ravenswood Lane Port St. Lucie, Fl. 34983 (772) 871-2183

61.00 or (\$30.00 with sponsorship) Maximum of two Sponsorships per family and your 2011 tax return is required. A session is 6 classes running M,T,W,Th/M,T (Monday Rotation) or W,Th/M,T,W,Th (Wednesday Rotation)

| | A session is | 6 classes runn | ing M,T,W,Th, | /M,T (Monda | | | |
|--------------------------------------|--|----------------|---------------|-------------|--|--|--|
| June 4 - June 12 (15 make-up day) | | | | | | | |
| 8:40 - 9:20 | 8:40 - 9:20 9:25 - 10:05 10:10 - 10:50 | | | | | | |
| Parent Child | Pres | chool | Preschool | | | | |
| | 1 | 2a | 2b | 3 | | | |
| RA1PC2 | RA1P1 | RA1P2a | RA1P2b | RA1P3 | | | |
| | | | | | | | |
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| | | | | | | | |
| | June 2 | 5 - Iulv3 | | | | | |

| <u>otationj or W, Fii/M, F, W, Fii [Wednesday Rotation]</u> | | | | | | |
|---|--------|----------|-----------|-------------------|--|--|
| June 13 - June 21 (22 make-up day) | | | | | | |
| 8:40 | - 9:20 | 9:25 - 1 | 10:05 | 10:10 - 10:50 | | |
| Preschool | | | Preschool | Preschool | | |
| | 2a | | 2b | 2a | | |
| | RA2P2a | | RA2P2b | RA2P2a.5 | | |
| 8:45 - 9:40 | | | 9 | 9:50 - 10:45 | | |
| RA21 Level 1 | | | | | | |
| | | | | | | |
| | | | RA | 23 Level 3 | | |

| June 25 – July3 | | | | | | | |
|---------------------|-------------------|-----------------------|---------|-----------|--|--|--|
| | (July 6 mal | ke-up da | y) | | | | |
| 8:40 - 9:20 | 9:25 - 10: | :05 | 10:10 - | - 10:50 | | | |
| Preschool | Preschool Prescho | | P/C | Preschool | | | |
| 2a | 2b | | | 3 | | | |
| RA3P2a | RA3P2b | | RA3PC | RA3P3 | | | |
| · | | | | | | | |
| | | | | | | | |
| 8:45 - 9:40 | | 9:50 - 10:4 | ł5 | | | | |
| RA31 Level 1 | | RA31.5 Level 1 | | | | | |
| | | | | | | | |
| RA32b Leve l | | RA33 Leve | el 3 | | | | |

| July 9 – July 17 (20 make-up day) | | | | | | |
|--|-------------------------------------|--|----------------------|--|--|--|
| 8:40-9:20 | 8:40-9:20 9:25 -10:05 10:10 - 10:50 | | | | | |
| Parent Child | Parent Child Presc | | Preschool | | | |
| | | 1 | 2ab | | | |
| RA4PC | RA4P1 | | RA4P2ab | | | |
| 8:45 - 9:40 | | 9:50 - 10:45 | | | | |
| RA42a Level 2a RA42b Level 2b | | RA42.5a Level 2a RA42.5b Level 2b | | | | |
| RA43 Level | | RA43 | | | | |
| RA44/5 Level | 4/5 | RA44/ | 5.5 Level 4/5 | | | |

| July 18 – July 26 (27 make-up day) | | | | | | |
|--|-----------------------|--------------|------------------|---------------|--|--|
| 8:40 - 9:20 | | 9:25 - 10:05 | | 10:10 - 10:50 | | |
| Preschool | Parent Child | Preschool | | Preschool | | |
| 1 | | 2b | 3 | 2a | | |
| RA5P1 | RA5PC | RA5P2b | RA5P3 | RA5P2a | | |
| 8:45 - 9:40 | | 9:50 - 10:45 | | | | |
| RA51 Level 1 | | | RA52.5b Level 2b | | | |
| R. | A52a Level 2 a | ı | RA53 Level 3 | | | |
| RA52b Level 2b RA5A1 Adult 1 | | | | | | |
| Call the Carlling to the character of the contract | | | | | | |

Staff Received by:

| July 30 – August 7 (10 make-up day) | | | | | | |
|---|-----------|------------------|-------------------|--------|--|--|
| 8:40 - 9:20 | 9:25 - | 10:05 | 10:10 - 10:50 | | | |
| Preschool | Preschool | Parent Child | Presc | hool | | |
| 2a | 1 | | 2a | 2b | | |
| RA6P2 | RA6P1 | RA6PC | RA6P2a.5 | RA6P2b | | |
| 8:45 - 9 | :40 | ç | 9:50 - 10:45 | | | |
| RA61 Le | vel 1 | RA62.5b Level 2b | | | | |
| RA62a Le | vel 2a | RA64 Level 4 | | | | |
| RA63 Le | evel 3 | RA6V | Waiting Li | st | | |
| cancellations 20 minutes prior to aloss | | | | | | |

Call the facility to inquire about bad weather cancellations 30 minutes prior to class.

Only one make-up will be done per session, plus a \$10.00 credit will be given if a second class is cancelled.

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|------------------------|---|
| Participant's Name | Male / Female DOB |
| Mailing address | |
| | |
| Contact e-mail address | |
| Home Phone: | |
| Cell Phone | |

| Cell Phone | | | | |
|------------------------------|------------------|---------------------|---------------------------------------|---------------|
| Medical Condition / Special | needs: NO | YES Please asl | k for an additional form to fill out. | |
| I have thoroughly read | , understand and | agree with the pol | icies, guideline, releases and | waivers given |
| to me to read on the ba | ıck. | | | |
| Signature: | | Date: | | |
| | | | | |
| Office use only: Scholarship | \$ Cash | Check | | |
| Visa/MC/Discover | Changes made | in current session: | | |

St. Lucie County Program Policies:

No Refunds / Credits are only given upon supervisor approval. You must e-mail guggeric@stlucieco.org three days prior to the start of the session you originally signed up for to request a credit. Send the students name, level and class information in the e-mail. Please call 772 – 462- 2560 and give the same information if e-mailing is not possible and be sure to state the day and time you called. The credit can only be transferred one time to pool passes or you may roll a credit to another session of 6 classes in the 2012 season if room is available. A credit of your choice will be granted with a doctor's note if your child missed the session of 6 classes due to an unforeseen illness three or less days prior to the start of the session. Once you have attended class and the session started no credits will be issued.

Program Guidelines

- Students must shower and wait in the designated area before class.
- You may only enter the pool gates 10 minutes before class begins to get prepared for class.
- We are not responsible for lost or stolen items.
- Students must wear swim suits and children who are incontinent must have a swim diaper on.
- Whoever brings the student to lessons must stay on deck throughout the duration of the lesson.
- Class placement will be determined by Aquatics staff at the time of registration. The Learn to Swim school age children will need to take a swim test for class placement.

Bad Weather Cancellation

Call the facility to inquire about bad weather cancellations 30 minutes prior to class.

Only one make-up will be done per session plus, a \$10.00 credit will be given if a second class is cancelled.

Guidelines for Class Placement:

Parent/Child

Age six months to age three, if not potty trained. (Please have your child wear a swim diaper.)

Pre-school

Must be three, potty trained, is ready to make a break from mom and has not started Kindergarten.

- **1.** Does not want to get their face wet.
- **2a.** Feels comfortable submerging under water but is not able to float independently nor feels comfortable in water over their heads.
- **2b**. Feels comfortable submerging under water and is able to float independently.
- 3. Able to glide 10 feet or more to the instructor and is ready to learn to swim basic strokes.

Learn to Swim

- **Level 1. (Water Exploration)** For students who were in Kindergarten in the 2011-2012 school year and do not like to get their face wet or do not know how to float. (Ages 6 and up)
- **Level 2a.** (**Primary Skills**) Students need to be able to submerge completely under the water and walk in chest deep water plus have a basic understanding of how to float.
- **Level 2b.** Students must be able to float independently and are merging in the basic strokes but are not ready to swim the width of the pool independently.
- **Level 3. (Stroke Readiness)** Students must be able to roll from front float to back float and float for a count of ten plus, be comfortable swimming Front Crawl and Back Crawl across the width of the pool in 5 feet of water.
- **Level 4. (Stroke Fluency)** Students must be able to swim the basic five strokes the length of the pool.
- **Level 5. (Stroke Refinement)** Students are ready to refine all five strokes and need to increase endurance.